



Volume II

132d Fighter Wing, Des Moines, IA

March 2010

The Intake

AWARDS CEREMONY

132 FW members recognized for Achievement

132 FW members assembled Saturday morning January 23 for the Awards Ceremony in the west hangar to recognize excellence in service and reflect on the accomplishments of 2009. Distinguished guests included U.S. Representative Leonard Boswell; ANG Assistant to the AF Surgeon General, Maj. Gen. Ray Webster; The Adjutant General of Iowa, Brig. Gen. Timothy E. Orr; Assistant to the Adjutant General, Air Brig. Gen. Greg Schwab.

Personnel were recognized in the following categories: Airman, NCO, Senior NCO, First Sergeant and Officer of the Year



Airman of the Year is Staff Sergeant Alicia M. Bollie. She answered Nation's Call by selflessly volunteering for two 45 day AEF rotations, providing coverage for two units. She was awarded the prestigious Tuskegee Airman of the Week while deployed to Joint Base Balad, Iraq which recognized her as the top performer for the entire 332 Air Expeditionary Wing. She volunteered weekly at In-Theatre hospital at Joint Base Balad, assisting in the unloading of several wounded soldiers and Iraqi citizens from helicopters and ambulances, contributing greatly to a stellar 98% "Save Rate." Back in Iowa Sergeant Bollie assisted with an Honor Flight by graciously greeting 350 WWII veterans on departure to Washington D.C.



Technical Sergeant Stephanie K. Ploeger is the Non-Commissioned Officer of the Year. She serves as Health Services Management Craftsman for the 132 FW Medical Group. Her position entails administration, training, and process improvement. Additional duties include: Credentials NCOIC, On the Job Training Task Trainer and Certifier, Physical Evaluation Board Liaison Officer, member of the Aerospace Medicine Council, and Awards and Decorations Committee, contributing greatly to the mission effectiveness of these vital activities. Sergeant Ploeger is an active member of her church, and on several committees, Meal Ministry and Hospital Ministry.

Achievement continued on page 4

OPERATIONAL READINESS INSPECTION

Upcoming Drill

Dates

	UTA	SUTA
MAR	6,7	20,21
APR	10,11	17,18
MAY	1,2	22,23

Wing Leadership

Wing Commander
Col. Mark D. Hammond

Vice Commander
Col. William D. DeHaes

Maintenance Group Commander
Col. Randy E. Greenwood

Medical Group Commander
Col. James H. Bartlett

Mission Support Group Commander
Col. Jennifer L. Walter

Operations Group Commander
Lt. Col. Kevin J. Heer

Command Chief Master Sergeant
Chief Master Sgt. Ed Schellhase Jr.

The Intake

is a funded Class II Air Force newspaper published prior to scheduled unit training assemblies of the 132d Fighter Wing, Iowa Air National Guard, Des Moines, Iowa. Opinions expressed in this newspaper do not necessarily represent those of the United States Air Force or the State of Iowa.

132FW Editorial Staff

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Col Mark D. Hammond	Master Sgt. Todd Moomaw
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Public Affairs NCOIC	Staff Videographer
Senior Master Sgt. Tim Day	Technical Sgt. Tim Kinnan

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Deadline for submissions for next month's issue
is the Friday prior to the UTA.



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Des Moines, IA 50321-2799	Duty Hours 07:30 - 16:00
	UTA Weekends

Getting ready for the ORI

By Chief Master Sgt. Ed Schellhase

Wing Command Chief

It is amazing how quickly time passes around here! In April I will have been your Command Chief for three years already. During that time we've seen the Wing and our great Airmen excel at every opportunity, so much that it has almost come to be expected. Expected? Definitely, and why? Because excellence is our culture. "Excellence in all we do" is one of our core values. "To be an organization of excellence" is one of our Iowa National Guard Visions. "Excellence – Striving to be excellent in all we do, always" is one of BG Orr's principles of command. We live that way, we train that way, and we fight that way. Not only do our Airmen never back down from a challenge, they thrive at the opportunity, because they are fearless leaders they see challenges as opportunities to excel.

October will bring another opportunity to excel – our Operational Readiness Inspection. We will again demonstrate our ability to execute our mission in an excellent manner, this time under the Air Combat Command microscope. There are some areas on base that are more heavily involved than others, but make no mistake, every Airman is involved. If you are unsure of your role in this important inspection, ask your supervisor. Besides our normal AFSC taskings, Airmen from across the base will be involved with a multitude of additional duties on specialized teams in support of mobilizing and deploying our weapons systems. This is another example of why it is so important that the basic items are simply part of our culture – dress and appearance, customs and courtesies, safety, and professionalism. No matter how well we do with the technical portion of the inspection, if we look bad, if we act unprofessional, if we operate unsafely, we will fail. It is about following the rules. You have heard us say before that we cannot pick and choose what rules we follow, and that gets magnified during an inspection.

In 2007 then Chief of Staff of the USAF General T. Michael Moseley brought us the Airman's Creed. He said it was to "reinvigorate the warrior ethos in every Airman in our Total Force". If you have not read through the Airman's Creed lately, please do so. To all of our Airmen, past and present, we thank you for being an American Airman and we thank you for answering your nation's call. We need each of you to step up to the plate, right here and right now. As we prepare for our October challenge, remember the last line of the creed which says, "and I Will Not Fail."

First Sergeant Vacancy

A first sergeant vacancy exists in the 132 FW Aircraft Maintenance Squadron

1. Ensure you meet the minimum qualifications to be considered for the board.
2. Submit the following documentation to the Force Support Squadron to be considered for the First Sergeant Selection Board:

- a. Letter of Intent (132 FW Sup 1 to AFI 36-2113, Attachment 4)
- b. First Sergeant Applicant Eligibility Checklist (DSM Form 20)
- c. Report of Individual Personnel (RIP - available via vMPF)
- d. Current physical fitness assessment report
- e. Current military resume (per AFH 33-337 *Tongue and Quill*)

3. Ensure your request is received by Major Twedt or Senior Master Sgt. Kiser, on or before the closing date. A detailed position description and more information can be found on the Command Chief SharePoint site.

Position: First Sergeant, SDI 8F000

Announcement Date: 1 February 2010

Closing Date: 25 April 2010

Boarding Date: Date to be announced

Think Before You Drink : Base Alcohol Policy

By 1st Lt. Bret Lucas

132 FW Legal Office

Before you open your first beer after a hard day of work, don't forget that there is an alcohol policy in place that governs your actions.

Members will not consume alcohol:

1. If the member is under the age of 21. Under age members who violate this provision are subject to criminal prosecution under the state laws of Iowa and are subject to unit disciplinary action. Members who provide alcohol to minors are also subject to criminal prosecution and unit disciplinary action.
2. Within 8 hours of reporting for duty or while on duty; under no circumstances shall an individual report for duty while under the influence.
3. When the mission requirements dictate.
4. When in uniform off military property-except for official organized events such as dining outs, military association events, and military weddings.
5. Within 12 hours of operating a government motor vehicle or while operating any motor vehicle.

6. When restricted by the commander.

Substance abuse or excessive drinking is considered conduct unbecoming and members who violate this policy will be subject to disciplinary action.

All alcohol purchases for consumption on base shall be made through the Base Service Club which provides the liability insurance necessary to protect you, the base and the State. Any alcohol purchased at the Base Exchange is for off base consumption only. Commanders executing unit events on base during which alcohol is served must ensure the promotion of the responsible consumption of alcohol in the publicity, promotion, and execution of their events. For such events, reference or publicity regarding the availability or amount of alcohol is prohibited.

On special occasions and with the approval of the unit commander, sections may have parties or social gatherings. In these situations, after duty hour drinking within a given work center (excluding those classified as an industrial work area) is allowed. Work center hours for social gatherings shall be the same as Base Service Club hours.

Remember, Think before you drink

“Help us, help you!”

With an ORI looming on the horizon, again its time to dust off the “chem” gear and start cleaning out offices, closets, and cubby holes. There is no denying the fact that there is excess stuff to be found, sorted and disposed of before the inspectors arrive. So to help everyone remember that one person's junk is another's treasure, the 132 FW officially launched the “132 FW History Initiative” in February 2010.

What is the 132 FW History Initiative and why should I care, you ask? Essentially, it means centrally locating all of the cool pictures and artifacts that represent the history of the 132 FW in one place, and then using them to tell our story.

I know, I know. We said the “H” word; history. Be assured that this isn't your eighth grade, American History class. This is a chance for you to make history while preserving the legacy of those who have made the 132 FW great.

So whether you have been here one drill or 20 plus years, pitch in and make this project a success.

Project Time Frame: February - May 2010

Where: JAG Conference Room, Bldg. 100

Drop Off Times: SAT UTA: 0900-1200 hrs; Wed: 0900-1100 hrs

Other times by appointment.

For more info, call Senior Master Sgt. Tim Day, Public Affairs NCOIC, @ 515/261-8555.

7-Digit dialing plan upgrade

Effective, Monday, 1 March 2010, in order to bring the 132 FW compliant with AFI 33-111, all existing voice systems and new systems will transition to a seven-digit intra-base dialing plan correlating to the seven-digit commercial telephone numbers assigned to the base. Due to an unavailability of commercial telephone numbers, the 132 FW must change the current 3-digit dialing prefix from 256-8xxx to 261-8xxx.

Our DSN telephone numbers will be changed to coincide with the commercial telephone numbers, so our DSN and commercial telephone numbers will be the same (261-8xxx). The current DSN

prefix (256) will remain active for 30days following the 7-digit dialing conversion. Please pass this on to your Drill Status Guardsmen, contacts, change business cards, update e-mail signature blocks, etc. to reflect the upcoming change. Once the 256 DSN prefix has been disabled, callers may receive an out of service message or they may be connected to another unit that has had the 256 prefix assigned to them.

911 and Base Paging services will not be affected by this upgrade. They will remain 3-digit dial.

Services will be affected during and after the upgrade for short periods of time, with the exception of Voicemail, which will experience longer outages. All-call announcements will be made prior to the outages.

AWARDS CEREMONY

Achievement

continued from page 1



Senior NCO of the Year for 2010 is Senior Master Sgt. Randall L. Kellar who served as the Maintenance Group Chief Inspector, Quality Assurance. As the 132 FW's Chief Inspector he oversaw 700+ aircraft inspections ensuring safety and tech data compliance. He directly contributed to the Maintenance Group excelling during the Feb 2009 Unit Compliance Inspection; earned 98% critical compliance rating. He was recognized by the ACC/IG Team as an "Outstanding Performer" and helped the QA shop earn the "Outstanding Team" award. Deployed to Balad Air Base, Iraq for 45 days; performed 270 evaluations to ensure optimal effectiveness of 2 units. Away from the 132 FW Sgt. Kellar is a member of the Iowa Foster & Adoptive Parents Association. After completing the adoption program he continued his training and assisted other adopting parents by participating in seven parenting workshops. He also spends time as a volunteer with Valley High School.



The First Sergeant of the Year is Senior Master Sgt. John Meyne. His normal duties are 132 FW Wing First Sergeant, but recently deployed 120 days as First Sergeant for the 115FW/132FW AEF aviation package for approximately 650 Airmen in a hazardous combat environment. He has effectively utilized his vast experience as a leader, wingman, and mentor. As the ranking First Sergeant in the wing, he aided in the initiatives to help standardize all Family Care Plan records that are maintained base-wide. This effort saw a complete revitalization of the program and the unit receiving a report that cited the program as being one of the best seen to date by the inspector. Off duty Sergeant Myne was instrumental installing a veteran's monument and serves as Finance Officer for his local American Legion Post (Dye-Benion Post 297) in Center Point, Iowa.



Captain Gloria E. Castellano is the Officer of the year. As Officer in Charge of the Staff Development she maintains credentials and continuing education for the 132 FW Medical Group Nursing Corps Officers. She has been instrumental in keeping current on program status and ensuring all personnel are up to date on their required training. She deployed for 60 days to the 332 Expeditionary Medical Unit, Balad, Iraq where she provided superior care to wounded soldiers and civilians in critical condition, coordinated patient care and transfers of 278 admits/66 post operative care. She is a certified instructor for Trauma Nurse Course, Advanced Life Cardiac Support and Basic Life Support to assist training needs of the 132 FW Medical Group and Wing. Off duty Captain Castellano serves as Spanish Language Associate Instructor for Christ the King School, and volunteers for Northern Warren Fire Department fund-raising events.

So long old friend



The Public Affairs Office regrets to announce the imminent demise of the monthly newsletter we know as "The INTAKE". A recent change in regulations directs units to cease using government funds to publish base newspapers. Despite the best efforts to find a "loophole", we anticipate the last "The INTAKE" issue to be the May 2010 edition.

The good news is that the information you normally would get in the "The INTAKE" is now available on the public website.

The advantages of this transition will be: news updated without the 30-60 day delay with print media; multi-media capabilities; the ability to download articles, pictures and video; and coming soon, the ability to check wing news from web-enabled mobile devices. News and announcements at your fingertips now!

While many of us still like the look and feel of paper when we read, this transition to web-based wing information gives the PA office the opportunity to tell the story of the 132nd Fighter Wing not only to our current and past members but to the world.

www.132fw.af.mil

PEOPLE

Renew yourself spiritually!

by **Chaplain (Maj.) Wendell K. Rome**
132FW Chaplain

On February 2, 2010 we celebrated Groundhog Day. We waited eagerly and patiently to see if Punxsutawney Phil would see his shadow or not. To my disappointment and others we will be getting six more weeks of winter. Honestly, I'm really not looking forward to that because it just seems like winter this year is lasting forever. By the way how are you doing with your New Year's resolution? I read somewhere that many resolutions are broken between January 2 and the middle of March. The top ten resolutions according to meditation library are: lose weight, get out of debt, get organized, help others, reduce stress, quit smoking, be confident, get a better job, make friends and to improve marriage.

One that did not make this list that is very common is to improve one's spiritual life. As we draw nearer to spring it may be a good idea to do a spiritual check up. We may want to ask ourselves are we satisfied with where we are spiritually? Last week at the VA in Dayton I had an opportunity to participate in a Hindu memorial service for our Community Living Center Medical director who was Hindu. It was very different and really stretched me spiritually but I was thankful to have participated in the service. Sometimes I believe when we stretch ourselves to understand other faiths it makes us appreciate and understand our faith backgrounds more. So I challenge you to renew yourselves spiritually and ask the hard questions about your faith walk or journey within your tradition. What is it about your spiritual life that you would like to improve or get better at? My prayer is that you would find the peace that surpasses all understanding as you serve God in your capacity.

Diamond sharp awards

January



Senior Airman Christina Cochran is Diamond Sharp. Her professionalism, attention to detail and stellar customer support set the bar high for other Airmen. She sets the example for fitness and is always willing to assist other Airmen who need encouragement in meeting their own fitness goals. She excels in all tasks she undertakes. Her professionalism and adherence to military standards ensures that Airman Cochran will continue being an asset to the 132 FW Logistics Readiness Squadron.

February



Airman 1st Class Ashley Williams epitomizes the Diamond Sharp Award. Airman Williams sets the example for all airmen to follow through her professionalism and military bearing. Airman Williams' professionalism is displayed by her job knowledge, mentorship and compassion. She exceeds standards in dress and appearance and customs and courtesies. Her can-do attitude and friendly disposition make Airman Williams a significant asset to the 132 FW Medical Group.

Enhanced security features

Due to recent changes in threats to installations and Security policies you will no longer be allowed entry to the base without your authorized military ID in your possession. Line Badges (AF 1199C) do not count as valid ID. If you need a clip or

holder talk to your supervisor and they will make sure you have what you need. The same goes with line badges (1199C) you must have in your possession when in a restricted area. This is for the security and safety of all members on this base.



FAMILY READINESS

Yellow Ribbon Reintegration Workshop - 6 March 2010

6 March 2010 from 8:00am-3:30pm (Registration from 7:15am-8am)

Holiday Inn Airport located at 6111 Fleur Drive, Des Moines, IA 50321

Agenda includes Tricare, ESGR, VA, Post 9/11 GI Bill, Strong Bonds, and Financial Management Tools

Airmen deployed 90 days or more are mandated to attend

Airmen deployed 89 days or less can attend voluntarily

Families are highly encouraged to attend

We will also be providing sessions and activities for children ages 6-17yrs!!!!

Sorry, child care for children 5 and under is not provided.

To register for the event, please go to: www.jointsupportservices.org, and click on "Events." From the list, calendar, or map view, select the Post deployment 30 day event for the 132nd Fighter Wing on March 6. Clicking on the event will bring up the event details. Then choose the registration tab. To register by phone, contact Rebecca Schrader at 515-727-3208 or email her at Rebecca.schrader@us.army.mil. The registration deadline is 1 March.

132 FW Family Day at Living History Farms - 2 May 2010

Unplug and reconnect with America's heritage and the 132nd Fighter Wing Airmen and Families.

Park Hours are 12pm-5pm. Airmen will be released from their work areas at 11:30am to join their Families. Family Day Events will start at 12pm at the Picnic Shelter.

Tickets: Ages 3 and under- Free, Ages 4-12- \$4, Ages 13-60- \$8, Ages 60 and up-\$7

Tickets will be available 6 March- 1 May in the Family Readiness Office, Bldg 107.

Next Family Readiness Group Meeting

Sunday, March 7, 2010 at 1:30pm in the Computer Classroom Bldg 107. Childcare is provided. All are welcome to attend.

Movin' On



Master Sgt. Scott Clayton retires from 132 FW Civil Engineering with 24 years of military service, 16 of those years with the 132 FW.



Master Sgt. Marvin J. Duff retires with 25 years of service to the 132 FW. Sergeant Duff completes his career as Security Forces Assistant NCOIC Supply and Mobility.

RECOGNITION

Movin' Up



to Lt. Col.
Leasha R. Schemmel



to Chief Master Sgt.
Floyd R. Studt



to Master Sgt.
Tony L. Huffman



to Tech Sgt.
Matthew L. Henning
Patrick C. Kazeze
Stanley G. Stout III



to Staff Sgt.
Loni S. Kuhlman
Mary M. Mueller
Tiffany R. Soto



to Senior Airman
Robert M. Wright



**Department of
Veterans Affairs**

VA Suicide Prevention
Hotline
1-800-273-TALK
(8255)

Movin' In

Maj. Chad G. Lewis
Master Sgt. David A. Ropte
Tech. Sgt. Payt W. Berger
Senior Airman Alissa K. Chamberlain
Senior Airman Ryan K. Corcoran
Airman 1st Class Joseph D. Boveia
Airman 1st Class Jeffrey W. Summy
Airman Basic Drew M. Vespestead

DTOC
CP
MXM
AGS
MXM
MXA
MXA
MXA

Movin' On



Master Sgt. Kendel Laughman completes his time in 132 FW Civil Engineering with over 22 years of military service. Master Sgt. Laughman previously served as an Equipment Operator and retires as a Electrical Power Production Specialist.



Master Sgt. Michael D. Vaux completes his 21 years of military service, 13 years with the 132 FW. Sergeant Vaux last held the position of Unit Career Advisor for the 132nd Medical Group, prior to that NCOIC Medical Readiness, NCOIC Diagnostic Imaging.



Tech Sgt. Thomas Mock completes his military service with the 132 FW. Sergeant Mock previously served as a Chaplain's Assistant and Crew Chief. He ends his career as a Ground Safety Technician



Tech Sgt. Paul "Grady" Warner retires with 21 years of service 15 of those with the 132 FW. Sergeant Warner proudly served under the acronym 'DINSTAAR' (Danger Is No Stranger To An AGE Ranger.)

FIRST SGT.

‘Fight Like a Girl’

By Master Sgt Kim McWilliams

132 FW Medical Group First Sgt.

I have seen the Breast Cancer shirts everywhere that display this empowering statement. It made me think about how I was not taught how to “fight” until just a couple of years ago. When I first started working for a police department one of my first concerns was my safety. I signed up for the first available public self-defense class I could and I periodically retake classes as a refresher. I learned about how to escape being grabbed, how to fight back and how to drop some very large men to the ground. That is empowering! Because of where I work I am reminded everyday about the unpredictability of human behavior, but how much does everyone else think about it? My guess is that it’s only when you hear on the news that someone has been assaulted, kidnapped or killed. There are many self-defense programs out there that can help you prepare for the unexpected. Many local law enforcement agencies have regularly scheduled programs and as always, the internet is a wonderful research tool. Please don’t wait for the next reminder on the news or when you or a loved one is a victim.

THE AIRMAN’S CREED

I AM AN AMERICAN AIRMAN.

I AM A WARRIOR.

I HAVE ANSWERED MY NATION’S CALL.

I AM AN AMERICAN AIRMAN.

MY MISSION IS TO FLY, FIGHT, AND WIN.

I AM FAITHFUL TO A PROUD HERITAGE,

A TRADITION OF HONOR,

AND A LEGACY OF VALOR.

I AM AN AMERICAN AIRMAN.

GUARDIAN OF FREEDOM AND JUSTICE,

MY NATION’S SWORD AND SHIELD,

ITS SENTRY AND AVENGER.

I DEFEND MY COUNTRY WITH MY LIFE.

I AM AN AMERICAN AIRMAN.

WINGMAN, LEADER, WARRIOR.

I WILL NEVER LEAVE AN AIRMAN BEHIND,

I WILL NEVER FALTER,

AND I WILL NOT FAIL.

Please deliver by
March 1, 2010

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